

## **SKI WITH LATERAL SUPPORT PLATE**

### **Abstract**

Snow sliding board (1) such as a ski plank, a snow board or a surf board, with a vertical plane of general symmetry (P), comprising a principal portion called body or base, which includes at least in the area of the sole a complementary, longitudinal element intended to receive the binding for retention of the user's boot, said base (2) having the shape of an elongated beam, comprising a sliding sole, whose front extremity is raised in order to form a spatula, with the complementary longitudinal element having the shape of an elongated plate, limited laterally by a lateral left rim and a lateral right rim; the complementary element additionally comprising a front portion connected to a rear portion by means of a middle portion, characterized in that at least one of the lateral rims of the complementary element acts as lateral support, via at least its middle portion, on a lateral shock absorbing stop of deformable elastic material.

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